

# BE PART OF THE SOLUTION

What you can do:

- 1** Attend a community bystander intervention workshop.
- 2** Bring Green Dot workshop and practices into your business.
- 3** Share Green Dot with family, friends and coworkers.

No one has to do everything if we all do something.

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Amplifying the awareness of Fond du Lac Says No More and inspiring collective action, 40 individuals from Fond du Lac County were certified in Green Dot Bystander Intervention training in November 2018. These individuals are instrumental in educating and building the collective “we” who will make a difference in our local communities and beyond.

-Initiative of-



Fond du Lac Area  
Women's Fund

For more info or to  
schedule a training session:

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www.fldsaysnomore.org/greendot



@greendotgreaterfdl

-Special thanks to-

**Lacey Sadoff Foundation**

-In Partnership with-



GREEN DOT  
GREATER FDL



**MAKE OUR  
COMMUNITY  
SAFER.**

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## OUR MISSION

Actively promote two community values in the greater Fond du Lac area:

1. Power-based personal violence will not be tolerated.
2. Everyone does his/her part to maintain a safe community.

## OUR FOCUS

End power-based personal violence

Includes, but is not limited to, sexual assault, dating and domestic violence, stalking, elder abuse and child abuse.

## OUR STRATEGY

Green Dot

Green Dot is a comprehensive approach to power-based violence prevention that focuses on the power of peer and cultural influence through **bystander intervention**.

Green Dot specifically educates on the following three core tactics for community intervention (the 3 D's): Direct, Distract, Delegate.

### DISTRACT

**Use a distraction to defuse the situation or calm things down in the moment.**

Switch the topic of conversation, "accidentally" spill a drink or use your phone to make a loud noise.

### DELEGATE

**Ask others for help.**

Whether you ask friends, family, a bartender, a manager or a stranger, there are others who can help.

### DIRECT

**Talk directly to the person using the harmful behaviors.**

Check in with the person you are concerned about.



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